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Anticancer: The Revolutionary Cancer Prevention Diet To Live A Cancer Free And Healthy Life



Synopsis

You are about to read one of the most important books of your life. This is a bold statement, but deciding to prevent, reduce, or cure cancer will provide you with a healthier and overall better life. Cancer is a scary topic and one that is avoided if possible. Many of us either know someone with or who has been affected by this horrible disease. There are a lot of questions as to preventing, reducing, and curing cancer, which is why I wrote this short diet book Anticancer. Here is what you can expect from this book: A brief summary the things you should know about cancer. Diet tips on how to avoid and treat cancer. The types of foods you should add to your everyday diet and the benefits of each one. Common questions about cancer. 9 delicious cancer prevention recipes that you are sure to love. Did you know that each year an estimated 7.6 million people die from cancer? Many of these diagnosed with cancer could have avoided it if they would have changed their diet many years ago. Take back your health and your future today by reading this book.

Book Information

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Customer Reviews

Good information but.... be aware that this "book" is really more of a pamphlet or handout at a

conference. Most of the information is very basic and can be gleaned by reading online.

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